

## Local Shopping Options and Capabilities – Rusland Valley

### Milk Delivery to door (Doug 587181)

Milk can be delivered Monday, Wednesday and Friday to your door. Ring to be added to the delivery round.

### Hutchinson's Butchers Greenodd (Peter Hutchinson) - 01229 861236

Also does fresh fruit and veg and will deliver. Call to order and arrange payment/delivery date.

### Greenodd Shop (Janet and Lloyd) 01229 861201

Sell general groceries, milk and bread daily (except Sunday) from Thomas's Bakery. Will take phone orders for box collection the following day. Can pay over phone or ask for BACS details.

### BE Hargan Flookburgh – wholesale fruit and veg - 015395 59058

Have proved very reliable and have good quality fresh fruit and vegetables. If you would like a delivery then please call 015395 59058 (it may be an answering machine) please clearly state your name, address with postcode and your contact number along with your order. **They generally do Rusland Valley deliveries on Tue/Wed so please order on a Monday.**

### Hazelmere Bakery - 015395 32972 or email [jo@hazelmere.co.uk](mailto:jo@hazelmere.co.uk)

Ready meals and bakery good plus some general provisions. Order via phone or email. Jo is setting up delivery areas to maximise service. Email Jo for a copy of their menu. **This is currently an order by lunchtime Wednesday for delivery Thursday in the valley but may change.**

### Brocklebank's 01229 587052

Phone to order. They will pack a box for collection from their backyard, pay by card over the phone or you can BACS them if you ask for details.

### Fletcher's in Grange (015395 32518)

Are taking orders over the phone for greengrocery/ grocery for later collection.... residents (in the area) have found Fletcher's to be very helpful, friendly and reassuring.

### Irving's Butchers - 01229583181

Order over the phone for delivery or for collection from the shop which is still open

### Lake District Lobster and Seafood - 01229 231647

Will do same day deliveries or order and collect from the shop which is still open – call to see what they have in, order and pay over the phone.

### Crakeside Meats – Penny Bridge - 01229 861903 Between 9am - 5pm

Good reports about service. Will deliver and have butter, eggs and cheese as well as meat. Call to order and arrange delivery

### Gillam's Shop and Tearooms 01229587564 , email [douglasgillam@btconnect.com](mailto:douglasgillam@btconnect.com)

Great service. Have organic fruit and veg, bread, cheese, coffee, teas, confectionery, tins, household cleaning products etc. Call to order and they will advise delivery date

Cut the Wrap Ulverston - 07913115837 (text if possible) or email paulandcat@cutthewrap.co.uk

They have pulses, dried pasta, rice, flour, some cereals, dried fruit, herbs and some household cleaning goods. **Thursday is the delivery day for this area so order before lunchtime Wednesday.**

### Booths

Core hours now 8 a.m. to 8 p.m. and 10 a.m. to 4 p.m. on Sundays. Shopping for elderly and vulnerable only between 9.30 and 11am. Priority shopping for NHS and key services between 7.00 a.m. and 8.00 a.m., and 8.00 p.m. and 9.00 p.m. 6 days. plus 9.00 p.m. to 10 p.m. on a Sunday. Shopping for others has a dedicated check out where Booths can ring customer and get payment by phone up to £100.