# Local Shopping Options and Capabilities – updated 10 11 2020

## Please ask for help if you need your shopping collected for you.

## Milk Delivery to door (Doug 587181)

Milk can be delivered Monday, Wednesday and Friday to your door. Ring to be added to the delivery round

## Hutchinson's Butchers Greenodd (Peter Hutchinson) - 01229 861236

Also do fresh greengrocery and grocery - deliver to Bouth on Fridays (phone to pre-order as Peter carries limited stock and if you are not a regular customer he will need to know to visit your house) - or can make up boxes for collection.

## Greenodd Shop (Janet and Lloyd) 01229 861201

Sell general groceries, bread daily from Thomas's Bakery and milk daily, will take phone orders for box collection the following day.

## Hazelmere Bakery Grange

Will deliver bread cakes and ready meals to the valley. You can call them on 015395 32972 or email Jo@hazelmerecafe.co.uk who can send you an order list.

## BE Hargan, Flookburgh – Fruit and veg - 015395 58690

Can provide fresh fruit and vegetables delivered direct to your doorstep. Call Michelle on 015395 58690 and if it is the answering machine just leave a message with your name, address with postcode and your contact number along with your order. They will drop an invoice in your box when they deliver.

Specific dates for locations in Rusland Valley. Rusland and Haverthwaite on Monday, Bouth on Tuesday and Finsthwaite on Thursdays.

## Fletcher's in Grange (015395 32518)

Taking orders over the phone for greengrocery/ grocery for later collection. Residents have found Fletcher's to be very helpful, friendly and reassuring.

Crakeside Meats - Penny Bridge - 01229 861903 between 9am - 5pm

Will deliver and have butter, eggs and cheese as well as meat. Call to order.

## Bakehouse Born and Bred – Greenodd

Bakery and café open for take away including hot food. You can place an order via their app or give them a call on 01229 861265.

## Gillam's Shop and Tearooms Ulverston 01229587564, email douglasgillam@btconnect.com

Organic fruit and veg, bread, cheese, coffee, teas, confectionery, tins, household cleaning products etc. They will take order over phone and deliver to your door.

#### Irving's Butchers – 01229 583181

Order over the phone for collection from the shop.

#### Lake District Lobster and Seafood - 01229 231647

Will do same day deliveries or order and collect from the shop.

#### Cut the Wrap, Ulverston -01229 581299

Good range of dried goods and cleaning products. You can order by phone and collect. Will deliver but there is charge for this if you spend less than £40.00

#### Fat Flour Bakery, Cark - 015395 59069

Will take orders for collection.

#### <u>Booths</u>

Online ordering and "click and collect" in place now for 2,500 'essential' items. Order for next day collection.